

NFL COMBINE & PRODAY TRAINING PROGRAM

2019





WHY/TRACTLON

Traction offers the ultimate training experience by integrating the finest team of performance specialists, physical therapists, nutritionists, and orthopedic doctors to meet the needs of each individual athlete in order to maximize performance at the NFL Combine.

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- NFL COMBINE PREPARATION TRAINING
- SPEED & STRENGTH DEVELOPMENT
- OPTOJUMP NEXT SPRINT PATTERN DATA
- POSITION-SPECIFIC SKILL DEVELOPMENT
- FILM ANALYSIS
- MENTAL CONDITIONING
- REGENERATION SERVICES

- INJURY REHABILITATION
- SPORTS NUTRITION CONSULTATION
- A MEDICAL EVALUATIONS & SCREENING
- IT PHYSICAL & MASSAGE THERAPY
 - FURNISHED HOUSING
 - MEALS & SUPPLEMENTATION
 - HYDRATION TESTING

*Pricing is based on the selection of services. All services are provided in training packages.

SPEED DEVELOPMENT

Our team of performance specialists will use world-class scientific data analysis to provide each athlete with a custom designed movement skill program. This program will produce phenomenal gains in linear and multi-directional speed by attacking the nervous system that will result in eye popping 40 and shuttle times.

40-YARD DASH TIMES

4.33

4.49

4.31



JAMAL ADAMS

DERRIUS GUICE

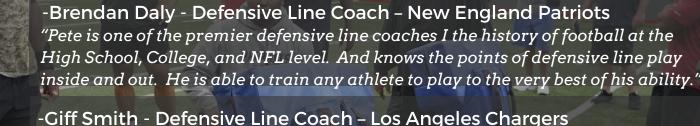
DONTE JACKSON





DEFENSIVE LINE

Pete is a legendary defensive line coach. He has coached for more than 39 years at all levels of football including many years in the SEC and NFL. The techniques that Coach Pete developed are still being taught today. Coach has also run one of the country's most prestigious lineman football camps for college players for many years.



-Giff Smith - Defensive Line Coach – Los Angeles Chargers "He's the best. He excels in breaking down the techniques of D-line play vs. run & pass. He has a unique style where players can understand and apply it to the field."

- Andy Reid Former Eagles and current Chiefs Head Coach
 "Pete had phenomenal years here. He came in and did a heck of a job with our
 defensive line. He is leaving here with a better D-line that when he arrived, and
 that is a tribute to the coach."
- Jim Johnson, a 26 year highly respected NFL defensive coordinator Wrote an email to Coach Pete saying, "I appreciate what you did with the Eagles defensive line. There is not a better technique line in the NFL today. You should take great pride in that."



PETE JENKINS
DEFENSIVE LINE
SPECIALIST

LEADERSHIP

Mack is the CEO of Traction Sports. After 15 years of preparing collegiate athletes for the NFL Combine, Mack has integrated the finest team of performance specialists, position coaches, physical therapists, and nutritionists to provide the ultimate Combine Pro Day training system.

We provide the best training team in the industry. Our team is here all year preparing for this program and will be in the trenches everyday with these guys. Just like any other great team in the world, we have the best coaching staff that the industry has to offer which creates outstanding results. That is why we have and will continue to be successful.

MACK CHUILLI FOUNDER, PES, CSCS

SPORTS THERAPY

Our team of orthopedic doctors, physical therapists, massage therapists, athletic trainers, and specialists will provide a fully customized rehabilitation program for each athlete based on the results of an initial full-body musculoskeletal evaluation. This rehabilitation and regeneration program will focus on personalized daily treatment including injury recovery and prevention protocol.



NUTRITION

Nutrition is the foundation for our combine program. Our team of nutritionists will provide each athlete with a customized meal plan based on an initial consultation. Daily meals and supplements will be provided based on the goals of the athlete and our InBody analysis. Athletes will be provided with the proper fuel to blow away their training sessions.



Our 45-acre facility is equipped with the latest scientific-based training equipment and was developed solely for the athlete. Each area is strategically designed to optimize training and utilize all the tools an athlete needs in one place.

- 20,000 square foot performance center
- 7,500 square foot weight room
- 30 yard x 25 yard indoor turf field
- multiple lighted outdoor fields
- recovery and regeneration room
- conference and film rooms
- players lounge

NFL COMBINE PRICING (JAN.7-FEB.22)

6-WEEK PROGRAM - \$8995.00

- COMBINE SPEED TRAINING
- COMBINE STRENGTH TRAINING
- COMBINE POSITION COACHING
- PHYSICAL THERAPY SERVICES
- REGENERATION SERVICES
- NUTRITION CONSULTATION
- DESIGNED MEAL PLAN
- PRE & POST WORKOUT SUPPLEMENTATION

ADDITIONAL SERVICES

- HOUSING CONTACT FOR CUSTOM PRICES
- MEAL SERVICE CONTACT FOR CUSTOM PRICES
- RENTAL CAR CONTACT FOR CUSTOM PRICES

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